



Christ the King Medical Center
3531 – 3533 Highway 81 South
Loganville, GA 30052

Phone: (770) 554-8015 Fax: (770) 554-8042

PATIENT NAME: _____

PLEASE BRING THIS LOG TO YOUR NEXT APPOINTMENT

Blood Sugar Log

Mon: Before/After		Tues: Before/After		Wed: Before/After		Thurs: Before/After		Fri: Before/After		Sat: Before/After		Sun: Before/After	
DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____
Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____
Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____
Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____
Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____
Mon: Before/After		Tues: Before/After		Wed: Before/After		Thurs: Before/After		Fri: Before/After		Sat: Before/After		Sun: Before/After	
DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____
Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____
Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____
Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____
Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____
Mon: Before/After		Tues: Before/After		Wed: Before/After		Thurs: Before/After		Fri: Before/After		Sat: Before/After		Sun: Before/After	
DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____
Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____
Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____
Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____
Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____
Mon: Before/After		Tues: Before/After		Wed: Before/After		Thurs: Before/After		Fri: Before/After		Sat: Before/After		Sun: Before/After	
DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____	DATE	_____
Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____	Breakfast	_____
Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____	Lunch	_____
Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____	Dinner	_____
Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____	Bedtime	_____